

# FEMINA

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## FASHION CHALLENGE HIGH STREET OR HIGH-END? *Guess the look!*

### SEX-MOOD MAP Psst: It leads to serious bedroom action

### THE BEAUTY TREND WE ALL WANT RICH GIRL HAIR

### Ditch these unhappy couple habits

### SAVE MONEY WHILE TRAVELLING

### Of-the-minute fashion Colours, trends, prints

### GO TIGER! SIMPLE STEPS TO MAKE YOU MORE CONFIDENT

Be unstoppable

ALIVE

WATCH BEHIND THE SCENES OF THE COVER SHOOT FOR INSTRUCTION! TURN TO PAGE 2!



## HOTTIE AT 40

Shilpa Shetty Kundra

*'What I like about being bisexual'*

### First-person

### DO YOU TAKE WORK HOME? (Solid switch-off advice inside)

## FASHION moodboard



### THE CV

Designer duo Hemant Lalwani and Nandita Raipurani met at NIFT, Mohali. Best friends from the start, the New Delhi-based couple launched their eponymous label in 2005 and married in 2006. Since then, they have made a name for themselves with their vibrant, print-focussed collections that cater to the global Indian. Today, they stock at establishments like Neiman Marcus, Anthropologie, Ogaan and Ensemble, as well as on Amazon.com.

### COLOURS AND TEXTILES WINTER WONDERLAND

Winter-ready fabrics feature heavily in their latest collection, Boho Caravan—think tweed, velvet and suede. As for the palette, the base colours are charcoal greys, camels and midnight blues, while pops of colour come from the prints and embroideries in rose red, fuchsia and cerulean, colours derived from Kashmiri carpets.



## Mile high STYLE

Designers Hemant and Nandita's latest collection is an ode to the snowy mountains of Kashmir. **finds Butool Jamal**



### CELEB SPOTTING

## Fashion forward

Some of Bollywood's biggest fashionistas have been spotted in Hemant and Nandita's collection, including Sonakshi Sinha, Deepika Padukone, Bipasha Basu, Alia Bhatt and the always-stylish Kangana Ranaut.

### INSPIRATION TRAVELLER'S CLUB

Nandita reveals that travel is often the biggest source of inspiration for their collections. Last season's The Knot collection was based on a trip to Istanbul, this season's Boho Caravan line from a visit to Kashmir. "We went to Gulmarg on holiday and stayed at The Khyber Himalayan Resort & Spa. The hotel's interiors served as inspiration, as did the shawls and carpets we saw everywhere."

