JET AIRWAYS

RISHIKESH • THAILAND • SOUTH AFRICA

REJUVENATE

Bridal Retreate:

Let the pre-wedding jitters lead you astray, just for a while. Here are some quick getaways for you to calm your senses before the big day.

TEXT POOJA R.

ANANDA IN THE HIMALAYAS, UTTARAKHAND

Escape to the mountains; far from all the worries and unmade decisions. Take along a friend or two but only if they keep all the wedding discussions at bay. Breathe in the misty air, take a walk in the wilderness and indulge in spa treatments tailored to suit your needs. Nestled at the foothills of the magnificent Himayalas, a grand palace restored to a spiritual centre and spa, is the divine Ananda in the Himalayas. While they offer multiple packages, the Ananda Radiance Ritual for Brides-to-Be should be your pick. In this four-day package, you'll be pampered with a blend of exotic and traditional treatments along with yoga, meditation and fitness regimes exclusively designed for this beautiful phase of your life. Celebrate yourself before you get back to the hustle and bustle back home with a calm mind. The bonus is soft, supple skin!

EXPERIENCE:

Wild Rose Body Salt Scrub

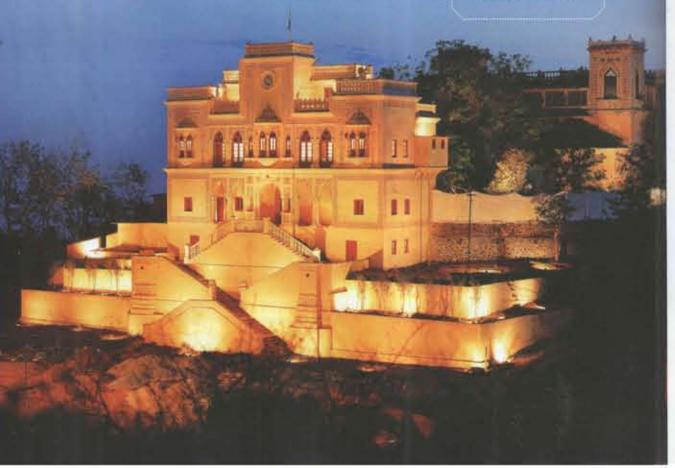
Grounding Aramatherapy

Energising Earth Wrap

Aroma Hot Oil Treatment

Ananda Foot Reflexology

Mountain Dew Skin Freshener



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Elope for a day or two with your betrothed for a soothing, romantic getaway to this property. With the preparations kicking in, you can't afford to risk losing that connection that the two of you share, that's leading to your big fat wedding in the first place! And if you're one of those who really can't stay away from cityscapes for too long, this will prove to be a great choice. A landmark in its own right, the JW Marriott Hotel flaunts its abundant luxe with the exquisite Quan Spa. While there, avoid all wedding talk and rather, make plans of adventures and journeys that the two of you can take together

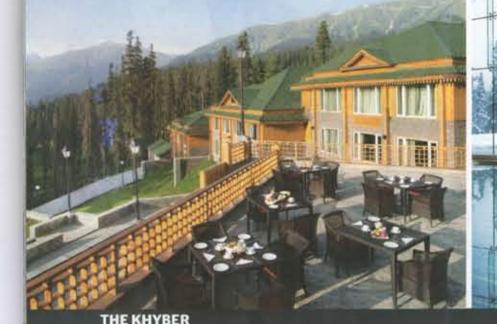


SHREYAS YOGA RETREAT, BENGALURU

Make this one a solo trip so as to avoid any disturbance in this soulsearching sojourn. Located on the outskirts of the Silicon Valley, this peaceful space is sure to rejuvenate your senses. This prestigious yoga retreat centre also offers a range of luxurious spa services; the long-lasting effects of which will be evident. through the wedding period and even after. One thing is for certain, you'll thank them for that blushing bridal glow that will reflect in your wedding The Chocolate Indulgence

Body Mask

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THE KHYBER HIMALAYAN RESORT & SPA, JAMMU AND KASHMIR

The Khyber Himalayan Resort & Spa is staged atop a Himalayan range and is astoundingly serene. With a panoramic view so picturesque, you'll have to pinch yourself to know you are really there and not just dreaming it. Ski your worries away and dust them all off before you enter the warm and lavish, The Khyber Spa by L'Occitane to unwind with some comforting treatments. This could be a good option to experience with your BFFs or close ones. An ideal location, great company and indulgent treatments – what more could you ask for?

SIX SENSES SPA. DELHI NCR

Located amidst an expanse of lush green yards, the Six Senses Spa at Jaypee Greens Golf & Spa Resort reflects luxury at its finest. An exciting getaway just on the outskirts of the city, the spa offers an exclusive Bridal Suite. This private suite comprises a special beauty room, a thermal relaxation with steam and sauna, manicure and pedicure bar and a hair salon. You could start off with your personalised pre-bridal package recommended by their Wellness Manager and Spa Director after getting your body and lifestyle analysed. Why not whisk away your mum for this one for some intimate mother-daughter time before the big day?

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EXPERIENCE:

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The Signature Lemon Balm

Body Massage

Re-Energizing Sun Stones

Shea Nourishing Comfort

Dead Sea Minerals Sea Soul Facial

Eye Lifting Treatment

Opulent Spa Manicure and

Signature Couples Hammam

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